

# YOUR HEALTH IS OUR TOP PRIORITY

## PRECAUTIONS FOR THE COVID-19 CORONAVIRUS

**Here are the steps we are taking to help prevent infection and the spread of the virus**

- After each patient encounter (and during, if required), practitioners are washing their hands with soap and water, or using the alcohol-based hand sanitiser which contains at least 60% alcohol
- We are routinely cleaning and disinfecting frequently touched objects and surfaces such as treatment tables, gym equipment, computer keyboards and mice, pens, phones, light switches, door handles, etc.
- Hand sanitiser is available for all who enter the premises
- We are screening all patients via telephone and on arrival to ensure, to the best of our ability, that anyone who has travelled overseas **or to Melbourne** in the last 14 days, has tested positive to the virus, or been in close contact with a confirmed case does not come into the clinic until they are medically fit to do so.
- Patients are asked to attend their appointment on their own, unless absolutely unavoidable. This is to reduce the number of people in the waiting room at any one time.
- Magazines, toys, water dispenser and other possible “touch” contamination surfaces have been removed for the time being.
- We are checking Health Authority guidelines daily and updating Policies & Procedures as new directions are given.

**How you can help us maintain a safe environment for patients and staff**

- Please sanitise your hands before seeing your Practitioner and when presenting to Reception after your appointment
- Please stand behind the line taped to the floor until called to the desk.
- When coughing or sneezing, cover your mouth with a flexed elbow or tissue. Discard tissues immediately into the bin
- If you are repeatedly coughing and sneezing, we ask that you re- evaluate your need to be here