

# YOUR HEALTH IS OUR TOP PRIORITY

## PRECAUTIONS FOR THE COVID-19 CORONAVIRUS

**Here are the steps we are taking to help prevent infection and the spread of the virus**

- After each patient encounter (and during, if required), practitioners are washing their hands with soap and water, or using the alcohol-based hand sanitiser which contains at least 60% alcohol
- We are routinely cleaning and disinfecting frequently touched objects and surfaces such as treatment tables, gym equipment, computer keyboards and mice, pens, phones, light switches, door handles, etc.
- Hand sanitiser is available for all who enter the premises
- We are screening all patients via telephone and on arrival to ensure, to the best of our ability, that anyone who has travelled overseas in the last 14 days, has tested positive to the virus, or been in close contact with a confirmed case does not come into the clinic until they are medically fit to do so.
- Patients are asked to attend their appointment on their own, unless absolutely unavoidable. This is to reduce the number of people in the waiting room at any one time.
- Magazines, toys, water dispenser and other possible “touch” contamination surfaces have been removed for the time being.
- We are checking Health Authority guidelines daily and updating Polices & Procedures as new directions are given.

**How you can help us maintain a safe environment for patients and staff**

- Please sanitise your hands before seeing your Practitioner and when presenting to Reception after your appointment
- Please stand behind the taped line on the floor until called to the desk.
- When coughing or sneezing, cover your mouth with a flexed elbow or tissue. Discard tissues immediately into the bin
- If you are repeatedly coughing and sneezing, we ask that you re- evaluate your need to be here